

## COLLABORATION

### Activity 2: It takes a village...

Activities to promote adults' personal, social and learn to learn skills

Description of initiatives comprised in this handbook.

Title/name	It takes a village...
LifeComp Skill approached	<input type="checkbox"/> Self-regulation <input type="checkbox"/> Flexibility <input type="checkbox"/> Well-being <input type="checkbox"/> Empathy <input type="checkbox"/> Communication <input checked="" type="checkbox"/> Collaboration <input type="checkbox"/> Growth mindset <input type="checkbox"/> Critical thinking <input type="checkbox"/> Managing learning
Duration <sup>1</sup>	1 hour
Type of activity	Team work and role playing
Short description	At the "village or community talk", very different people (from different groups - vulnerable, youth, elderly) from a village, who do not (or no longer) meet in everyday life come together in one room to discuss issues and exchange ideas. The focus is on the village/community and a specific topic, or the future development of the village in general. Citizens can contribute with their suggestions and ideas but are encouraged to find a common solution.
Objectives	<ul style="list-style-type: none"> <li>• Promote awareness of other people's needs, opinions, beliefs to find a common solution</li> <li>• Perceiving and enduring different opinions and concerns and "looking out" for common needs.</li> <li>• Strengthening the awareness of taking personal responsibility and joint responsibility for the future development of the village/community.</li> <li>• Promote collaboration</li> </ul>
Setting <sup>2</sup>	<ul style="list-style-type: none"> <li>• 1 facilitator</li> <li>• 1 room with chairs displayed in circle</li> </ul>
Facilitators' Tips <sup>3</sup>	<ul style="list-style-type: none"> <li>• Be prepared to provide guidance and support during discussions or activities if participant conflicts arise.</li> <li>• Foster an atmosphere of mutual understanding and encourage participants to consider different viewpoints.</li> <li>• Establish a communication method based on</li> </ul>

<sup>1</sup> It can be organised several times.

<sup>2</sup> Materials and resources needed to implement it, including financial, human resources and spaces. In case is needed a worksheet, please use the following document to prepare it.

<sup>3</sup> What a person needs to know to implement the activity.

	<ul style="list-style-type: none"> <li>● active listening</li> <li>● develop a culture of respect and empathy</li> <li>● encourage constructive feedback</li> <li>● foster trust among team members</li> </ul>
<b>Step by step</b>	<ol style="list-style-type: none"> <li>1. The facilitator presents the definition and importance of collaboration (see Material for Facilitator worksheet for more information)</li> <li>2. The facilitator randomly distributes different characters from a village to each participant (e.g., retired person, young person, student, single mother, immigrant...)</li> <li>3. Then the facilitator presents a problem that a village/community is facing (e.g., limited funds are available, but the village/community is facing different problems, including lack of sidewalks on the streets, lack of a park with trees, the school needs to be restructured.... How can the funds be allocated in a fair way?)</li> <li>4. Participants are invited to share their perspectives and opinions regarding the problem, based on the character they are acting, and find a common solution</li> <li>5. The participants start the discussion, and the facilitator mediates</li> </ol>
<b>Debriefing</b>	<ul style="list-style-type: none"> <li>● How did you feel when performing the activity?</li> <li>● Do you think the solution found is fair to everyone?</li> <li>● Do you feel that all perspectives were considered?</li> <li>● How can you use this example in your daily life?</li> </ul>
<b>References</b>	<a href="https://www.countyhealthrankings.org/online-and-on-air/blog/eight-tips-for-a-successful-community-conversation">https://www.countyhealthrankings.org/online-and-on-air/blog/eight-tips-for-a-successful-community-conversation</a>



# It takes a village... - Material for facilitators

## Worksheet - Collaboration

- **Definition:**

“Engagement in group activity and teamwork acknowledging and respecting one another” (LifeComp Framework).

- **According to this concept:**

- People from different categories work together and collaborate for a common goal - to develop the community
- Strengthening the awareness of the importance of taking personal responsibility and joint responsibility for the future development of the village/community.
- There is a need for respectful interaction with people who have differing opinions, to build positive, constructive relationships and effective collaboration

- **Why is it important?**

Village or community discussions are very well suited for sustainability topics since the topic affects every citizen. Joint activities in this topic area can arise in any community and encourage people to live well together.

- **When can it be used in daily life?**

**Examples:**

- Recycling Program- recycled PET plastic bottles
- Community Garden - is a great way to bond with your community and provide healthy food. Consider making a garden just for children, so they can learn about the process of gardening. It is a great educational opportunity.
- Clean-up – this will improve the look of your park and inspire people to keep the space looking great.

