

Microlearning Sessions Activity

DIVERSITY AND INCLUSION

AWARENESS

CITIZENS  **ACCELERATOR**

Activity 1: Embracing diversity

Objective:

Enhance awareness and understanding of cultural diversity, fostering an inclusive and respectful environment.

Materials needed:

- Whiteboard and markers
- Flip chart paper and sticky notes
- Index cards
- Laptop/projector for multimedia presentation
- Small group activity supplies (markers, coloured paper, glue, scissors)
- Music playlist with diverse cultural influences

Duration:

Up to two hours

Description:

Icebreaker (5 minutes)

Start with a fun and interactive icebreaker to set a positive tone.

Example: "Cultural Bingo" where participants find people who have experienced certain cultural traditions or have lived in different countries.

Introduction to Diversity and Inclusion (10 minutes)

Give a brief multimedia presentation on the importance of cultural diversity.

Discuss key concepts and benefits of a diverse workplace or community.

Personal Cultural Reflection (10 minutes)

Ask the participants to write down three aspects of their own culture that they value.

Share these reflections in small groups for discussion.



Cultural Stereotypes and Biases (10 minutes)

Interactive activity: "Myths and Realities."

Discuss common stereotypes and biases, and how they have an impact on individuals and communities.

Case Studies (10 minutes)

Analyse real-life case studies of successful multicultural collaboration.

Discuss the factors that contributed to their success.

Small Group Activity: Cultural Collage (20 minutes)

Divide participants into small groups.

Each group creates a collage representing diverse cultures, incorporating symbols, traditions, and values.

Groups present their collages, explaining the elements they've chosen.

Reflection and Action Plan (10 minutes)

Ask participants to reflect on what they've learned.

Each participant writes down one action they can take to promote cultural diversity in their workplace or community.

Optional Extension Activity: Cultural Potluck (30 minutes)

Encourage participants to bring a dish representing their cultural background.

Enjoy a shared meal as a celebration of diversity.



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