CITIZENS XELERATOR

Diversity and Inclusion

Microlearning session

Co-funded by the European Union

Definition

Inclusion means making sure everyone is part of the group and feels welcome. It's like a big friendly circle where nobody is left out, and everyone's differences are accepted and celebrated.

Diversity means having many different kinds of things or people. In people, diversity means everyone is unique and special in their own way. It's about including and respecting all the different pieces that make us who we are.





Benefits?

Diversity brings many good things! It makes things interesting and fun because everyone is different. When we have diverse groups, we get lots of different ideas and ways of thinking. It's like a big team where everyone brings something special, making things better and more creative. Plus, it helps us learn about each other and the world around us.





Challenges-Inclusion isn't always easy





Our world isn't always built for inclusion





5 Tips to Be More Inclusive

1. Listen and Learn: Take time to really listen to others and try to understand their experiences and perspectives. Learning from each other makes everyone feel valued and included.

2. Be Open-Minded: Embrace differences without judging. Everyone is unique, and that's what makes the world interesting. Keep an open mind to new ideas, cultures, and ways of doing things.

3. Use Inclusive Language: Be mindful of the words you use. Use language that includes everyone and avoids assumptions. This helps create an environment where everyone feels respected.

4. Invite Everyone In: Don't leave anyone out. Include people in activities, conversations, and decisions. When everyone feels part of the group, it makes for a happier and more welcoming community.

5. Stand Up Against Discrimination: If you see someone being treated unfairly, speak up. Stand up against discrimination and support a safe and inclusive space for everyone. Being an ally to others helps create a more equal world.





It is time for parents to teach young people early on that in diversity there is beauty and there is strength.

~ Maya Angelou





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Thank you!

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